

# Mayflower How to pack a SUITCASE



## 1 Gather your items

Begin by gathering everything that you want to take. Lay the items on your bed and then edit down your choices so you don't over pack – a common mistake.



## 2 Roll your clothes

Tightly roll softer, wrinkle-free garments, like T-shirts and cotton pants, and place them along the base of the bag. Jeans should be rolled, too.



## 3 Place folded items on top

Fold stiffer and/or wrinkle prone garments like starched cotton shirts, blazers and dresses. Layer these folded items over the rolled clothes.



## 4 Drape longer items

Fold longer items in half, filling the length of the bag with them, alternating waists with hems at the ends. Pick bulkier items to wear on the plane or motorcoach so they do not take up precious luggage space.



## 5 Smaller Items

Look for nooks and crannies to fill with smaller items like socks and cosmetics items. They can also be used to stuff structured items such as shoes and shirt collars, thus helping to maintain their shape.



## 6 Line suitcase with belts

Tuck your belts around the inside edge of your suitcase. Then cover the whole pile with a dry-cleaning bag. Thanks to the bag's slippery surface the folded clothes will not stay in one place long enough for creases to set in.



## 7 Choose shoes wisely

Pick three pairs of shoes, such as casual sandals, sneakers and evening shoes – choose styles that can be dressed up or down. Wear the heaviest pair enroute and pack the others along the sides of your suitcase.



## 8 Pack your jewelry

Place your inexpensive jewelry in a seven-day plastic pillbox or a 35-millimeter film canister. Wear any fine jewelry enroute to ensure it will not be lost or stolen.



## 9 Relax and enjoy your holiday

You've taken the time to use smart packing tips that have saved you money and time. Now enjoy your holiday!



## WRINKLE FREE PACKING

Mayflower Cruises & Tours is pleased to share with you some helpful packing tips. Our suggestions will save you time, aggravation, and most of all, help make packing fun! In this handy guide we show you how to use the "roll, fold and cushion" technique of packing.

The roll, fold and cushion technique is designed to help organize packing and reduce wrinkling. Follow these simple steps and you'll be on your way to an enjoyable holiday... it really works!

## MORE TIPS

Empty all pockets, button all buttons and zip all zippers.

If clothes get wrinkled, hang them on the shower curtain rod, turn the shower on to "hot" and shut the bathroom door. After fifteen minutes or so, the steam will eliminate most of the wrinkles.

Remember to pack firmly. Don't over-pack or cram. Over-packing is a strain on your luggage and causes excess wrinkling.

Bring two or three plastic bags for re-packing soiled clothing or damp swimsuit.

If two people are traveling together and sharing two suitcases, it is a good idea to divide each person's clothes into each of the suitcases rather than having a separate suitcase for each individual just in case luggage is lost.



# YOUR TRAVEL CHECKLIST

## Accessories

- Contact Lenses or Glasses
- Slippers
- Sunglasses
- Jewelry



## Health and Beauty Items

- Anti-bacterial wipes
- Body Lotion
- Comb and brush
- Contact Lens Solution
- Deodorant
- Face Cleanser
- First Aid Kit (including gas relief tablets, antacid, anti-diarrheal medicine, antihistamine, bandages, candied ginger for motion sickness, mild laxative, non-aspirin pain reliever and thermometer)
- Toothbrush, Tooth Paste and Floss
- Insect repellent
- Lip Balm
- Make-up
- Personal Hygiene items
- Prescriptions
- Razors and Shaving Gel
- Shampoo and Conditioner
- Sunscreen
- Travel size detergent
- Sewing Kit/Safety Pins
- Spot Remover



## Equipment

- Batteries
- Camera
- Chargers (cell phone, camera, video camera and laptop)
- Hair dryer (if your hotel does not supply one)
- Headphones
- iPad
- Tripod



## Miscellaneous

- Airline Tickets
- Passport
- Identification – Driver's license
- Vaccination certificate
- Print outs of reservations/travel documents
- Contact information of friends and family/stamps
- Paper/Pen
- Healthy snacks
- Cash/ATM Cards/Credit Cards
- Photograph of luggage contents in case of loss
- Sealable plastic bags for stowing small liquid containers
- Travel Journal
- Travel Pillow and blanket
- Umbrella



## Clothing Items

- Pajamas
- Shirts/Blouses
- Suits
- Pants/Jean
- Dresses/Skirts
- Shoes/socks
- Swimsuit/Beach Cover Up
- Ties
- Underwear
- Belts
- Gloves
- Handkerchiefs
- Scarves
- Hat
- Robe
- Coat
- Rain Gear



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